

## Let us Do

A. Circle $\bigcirc$ the aasanas with standing or vertical lines.
B. Tick the aasanas with both vertical and slanting lines.
C. Cross $\otimes$ the aasanas which have curved lines.
D. Put a star $\star$ along the aasanas that have sleeping or horizontal lines.
E. Try some of these aasanas. Discuss the lines that you notice while doing the aasanas.

Facilitate the children in practising yoga poses. Give instructions like, keep the back straight, arms straight, curve the back, slant the arms and legs, etc. Also tell them about Ashtanga Yoga, as described in the ancient Yoga Sutras of Patanjali.

## What is Straight?

Hold a piece of thread in your hands.


Is it straight?


Now bring your hands closer.


Is the thread straight now?


This is now standing/sleeping/slanting.

## Let us Do

Trace the missing vertical, horizontal, slanting and curved lines in the picture given below.

A. Make new shapes with straight lines (vertical, horizontal and slanting).




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B. Draw different figures with the help of curved lines, like clouds, rainbow, etc.



A. Make your own drawing using different types of lines in the space given. Draw a design with any two types of lines.
B. Draw a design with any three types of lines.



## C. Draw a design using all types of lines.

## Project Work

## Fun with Folding

If we fold a paper in half, it makes a crease in the center. Now if we keep folding the paper further we get a number of creases. Let us see the different lines we get after folding the paper. Trace the straight lines with red crayon and slanting lines with blue crayon.
A. Fold a paper with your friend and check who gets the maximum number of creases.
B. Try to make curved lines by paper folding.


